



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 09383, Tangerines, (mandarin oranges), canned, juice pack, drained

Report Date: July 01, 2017 03:22 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	89.51	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Energy	kcal	38	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	158	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	0.75	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Total lipid (fat)	g	0.04	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Ash	g	0.29	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Carbohydrate, by difference	g	9.41	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary	g	1.2	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Sugars, total	g	8.25	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
<strong>Minerals</strong>													
Calcium, Ca	mg	12	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Iron, Fe	mg	0.27	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Magnesium, Mg	mg	11	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Phosphorus, P	mg	11	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Potassium, K	mg	136	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Sodium, Na	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.53	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Copper, Cu	mg	0.041	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Selenium, Se	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	33.9	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Thiamin	mg	0.088	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Riboflavin	mg	0.031	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Niacin	mg	0.445	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Vitamin B-6	mg	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Folate, total	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Folate, food	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Folate, DFE	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Choline, total	mg	6.0	--	--	--	--	--	--	--	--	Calculated or imputed	09219	03/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	66	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Carotene, beta	µg	298	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003
Carotene, alpha	µg	204	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cryptoxanthin, beta	µg	775	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003
Vitamin A, IU	IU	1312	--	--	--	--	--	--	--	--	Calculated or imputed	09219	02/2003
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003
Lutein + zeaxanthin	µg	243	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003
Vitamin E (alpha-tocopherol)	mg	0.15	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	09218	02/2003
<b>Lipids</b>													
Fatty acids, total saturated	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
16:0	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total monounsaturated	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:1 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:1 undifferentiated	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total polyunsaturated	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:2 undifferentiated	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:3 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003